KAHAL
YOUR JEWISH HOME ABROAD

ABROAD BIBLE
ABROAD BUCKET LIST

☐ Grab a coffee with a new friend from another country
☐ Visit a synagogue
☐ Try some local food
☐ Attend a Friday Night Dinner with the local community
☐ Travel to a different city in the country you’re studying
☐ Organize your own DIY Shabbat Meal
☐ Make friends with a local
☐ Apply for a KAHAL grant towards a Jewish experience
☐ Go on a Jewish heritage tour around your host city
☐ Celebrate a Jewish festival with the local community

HAVE A GREAT TIME!
The Abroad Bible is a compilation of lists from past students that have gone abroad. These lists, which we acquired from other students, contain suggestions and tips of where to go, what to eat, where to party, and where to shop while abroad in Europe. You have been sent the Abroad Bible because you went abroad or are going.

BEFORE YOU GO
- Student Visas
- Travel Books
- Cell Phones
- Converters & Adapters
- Money
- Clothing
- Safety
- Travel Bags
- Other Packing Tips

WHILE ABROAD
- Traveling
- School
- Laundry

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BEFORE YOU GO

STUDENT VISA
• Get your visa early
• You will have to fill out a lot of paperwork, which you should fill out ASAP
• Some cities require you to show proof of finances in your name (can use a combination of credit cards with varied limits/bank account)
• You may have to set up a biometrics appointment to get fingerprinted

TRAVEL BOOKS
• Of course most students have access to their phones, the internet and maps now a days but a trusty travel book may still serve as an excellent resource!
  • Frommer’s
  • Ricks Steve Guide
  • Wallpaper Guide
  • Lets Go
  • Lonely Planet
  • Dictionary

CELL PHONES
• Depends on which city you are in and your pre-existing phone plan
• Bring an unlocked phone which will be compatible
  • Some students recommend bringing a backup older cell phone just in case your phone gets lost, damaged or stolen while traveling because buying a new one in your host country will be far more expensive
• Phone providers in Europe include: Vodafone (monthly plan 15/20 euros throughout Europe), Orange, etc
• Many plans have free incoming calls and text messaging is cheap, but to dial out of the country is expensive
• Some students prefer to keep their US number through their home network but T-Mobile has historically had a plan that works overseas as does Sprint.

CONVERTERS & ADAPTERS
• Blow dryer/flat iron: you should buy abroad; ones from the U.S will burn up unless you have the right converter
• Recommended Adapter combinations:
  • An adaptor for things to go from 3 prong to 2 prong
  • An adaptor for US plugs to UK
  • An adaptor for US plugs to Europe
  • A converter for UK to US voltage
  • A surge protector strip

MONEY
• It is expensive to withdraw money from a cash machine that is not your bank.
• Either find a bank that doesn’t charge those fees or get a bankcard from the US that has a branch where you’re studying
• Using credit cards/debit cards results in an international fee so make sure you get a card that is able to be used all over. A Monzo card is a great thing to get if you’re going abroad as it charges a lower exchange rate and doesn’t charge an international fee.
• Be organized about exchanging money in advance - the airport will always have an expensive exchange rate.
• If you can bring travelers checks in euros, most places do not accept them, but if you exchange them at American express offices they can give you a student exchange rate and that avoids ATM fees, otherwise just use the ATM.
CLOTHING
• It’s always better to wear simple, cheap clothes when traveling and leave your fanciest clothing behind (H&M and Forever 21 are perfect).
• Pack for all seasons (depending on where you’re studying and where you plan on traveling). Layers are the answer; bring clothes of varying weights that can be worn in different types of weather or layered up if need be.
• Don’t stuff your suitcases because you will shop
• Bring stuff you won’t mind throwing out or donating to make space for new purchases
• I know that packing 1-2 bags for 4 months seems impossible, but don’t be afraid to wear the same stuff multiple times
• Bring a jacket because even if your city isn’t cold, the places you travel may be. Fold-away rain jacket come in handy.
• If you are doing a homestay you are most likely going to want to bring warm clothes to sleep in (ie: long underwear)

TRAVELING BAGS
• Pack light for weekend trips!
• Bring a rolly carry on suitcase and/or travelers backpack!
  • It’s much easier to travel on trains and multiple places with a lighter/smaller bag so pack lightly.
• Airlines in Europe also have stricter carry-on regulations so make sure your bag is small.
  • Airlines will often charge if bag is too big.
• It is worth the extra money to check a bag if you are going somewhere colder and need extra clothes.
• You will pack mostly in carry ons and everything must be the small travel size in plastic zip lock bags.
  • They are very strict about this, so make sure you have a travel size of the products you use ready to go.
  • European liquid restrictions are also different so make sure your bottles are the same.
• Checking bags on short weekend trips is a hassle, sometimes they only let you have one bag.
  • Have a bag that you can fit your purse in when flying.
  • You will also want a small purse to carry around with you while you are being touristy preferably with a zipper for safety (big enough for a camera, water bottle, wallet, etc.)
• Pack light for weekend trips

SAFETY
• Get a good passport holder that will travel with you to each city and keep you organized
• Recommend bringing two wallets (RFID protected for daily use) and a smaller one for going out (never carry all important cards/documents at the same time)
• Make copies of all important documents/paperwork

OTHER PACKING TIPS
TOILETRIES
• Buy small versions of everything: small hairbrush and travel sized bottles of toiletries that you can replace while traveling
• For weekend trips it is very helpful to have a pre packed toiletry bag on hand with all of your necessities
• Bring all of the medications that you may need and then some just in case

Purses
• Don’t bring too many, that will just take up unnecessary room.
• A casual bag to fit essentials and cardigan, and maybe one other small one that can be used if you’re going out at night.
• Totes are good as they can be easily folded away when you’re not using them.
• Find good bags with zippers when you are wandering around a city

SHOES
• You will be walking a lot so, comfortable shoes are key. Even when going out!
• Rain boots if you’re going somewhere wet but no matter what, bring LOTS of walking shoes!

BEDDING
• A travel pillow is great for sleeping on plane/train journeys, and the pillows provided in hostels can be uncomfortable, so you may want a second pillow.
• Bring something you can put your room key on that you will always have with you!

TOWELS
• Get a microfibre towel: they are light, easy to pack away and dry quickly.
• They will probably get gross, so throw them away at end of program. Will make room for things you buy.
WHILE ABROAD

TRAVELING
• The earlier you book the cheaper it is.
• Skyscanner is great for cheap flights
  • Once you find a flight on that site go to the specific airlines website, it might be cheaper.
• You must always get there at least 45 minutes before a flight.
  • If not they will not check you in so don’t even try
• Make itineraries for traveling, at best just write down all your addresses, ways of public transportation to and from the airport, times that sights open and close and maybe a few restaurants if you are a picky eater.
  • Google Maps is everything. Another great app is CityMapper (for select cities).
  • Star items in your app
  • You can use it when your phone is on airplane mode to save battery and data.
• Finding hotels, hostels, and airbnbs:
  • Hostelworld.com
  • Hotelbookers.com
  • Tripadvisor.com
  • Airbnb.com
• Always confirm your reservation and make sure you are careful if you plan on sneaking in more people.
• Certain cities will lend themselves more toward bus travel. Evaluate all of your options (i.e. Bus2Alps, SmartTrip, etc.) before making a decision.

SCHOOL
• Attendance policies are often strict.
• If you need to miss class use a valid excuse, sick, family visiting, etc.
• Take advantage of field trips/organized trips and how knowledgeable your teachers abroad are: get to know them!

LAUNDRY
• Most apartments will have washing machines but often they don’t have dryers.
AUSTRIA

Contact: Joey (joey@kahalabroad.org)
ATTRACTIONS

Opera House
Hofburg Palace

St. Stephen’s Dome: Many steps to the top and a narrow walk up but it is a stunning view. 350 steps to the top!

Town Hall: Go at night because it is lit up with colored lights and during the colder months they have ice skating, hot chocolate and different winter markets with traditional snacks!

Naschmarkt: Huge outdoor/indoor market with crafts, food and small restaurants. Go hungry!

Schonbrunn Palace: Gorgeous palace — recommend getting entrance ticket which comes with free audio guide through the palace. Takes approx. 30 minutes to walk through. Don’t miss the gardens in the back.

The Sound of Music Tour in Salzburg: Many students spend the afternoon here on a weekend trip, hitting Budapest, Vienna, then Salzburg and opt for the 4 hour Sound of Music tour. If you love the movie, you will love this! It is about 40 euros but totally worth it. The bus takes you to visit all of the famous sites from the movie and you learn alot about the history of the Von Trapp family that was inaccurately portrayed in the movie. Throughout the bus ride you have a sing along and the tour guide is an adorable woman who eats, sleeps and breathes THE HILLS!

FOOD

Sachertore: A type of chocolate cake that was invented in Vienna and is only sold at one famous shop. Visit Cafe Sacher! there is always a long line and it is a 13 dollar slice of cake but worth it.

Kaiserschmarrn: Fried dough pieces with your choice of applesauce or jam (can get this in Naschmarkt)

Apple Streusel: Vienna is known for this treat. Get this at any cafe!

JEWS ACTIVITIES

Leopoldstadt: The former Jewish Quarter which was extinguished during the Nazi Regime. Recently it has become a vibrant Jewish area with many kosher options.

Jewish Synagogue: The main synagogue located at Seitenstettengasse.

Jewish Museum Vienna

Shoah Memorial: Judenplatz (Jews Square) was the center of the Jewish community and now a massive Holocaust memorial is there.
Czech Republic

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PRAGUE

ATTRACTIONS

Sandeman’s New Europe Walking Tour: Departs from Old Square. They are free but you should tip your tour guide.

Charles Bridge: Beautiful bridge in the city center. Look at the different vendors across the bridge.

Astronomical Clock: The clock was first installed in 1410 and it is the oldest astronomical clock still operating. Be sure to visit this during the hourly performance at the clock. The walking tours can explain the different clock mechanisms and the symbols meanings.

Lennon Wall: Super popular photo taking spot. Bring a sharpie to sign the wall.

Prague Castle: Recommend walking to the top for a beautiful view of Prague.

Babies at Kampa Park: Beautiful sculpture park to wander in the warm weather

Petrin Hill: Climb the hill to the top at sunset and up to the Petrin tower.

Prague Beer Museum: If you like beer they have 30 different kinds to choose from. At the completion of your self guided tour you can get 5 or 10 tasters and four come included with your ticket.

Letna Park and Beer Garden: Beautiful park overlooking the city. It is a great place to have a picnic or hang out. There is an area with benches and picnic tables with a bar to get some snacks up at the top.

FOOD

Eat the street food/christmas market goodies!

Trdelnik: A delicious pastry made from rolled dough that is wrapped around a stick, then grilled and topped with sugar and walnut mix. Often filled with nutella/ice cream.

Good Food: Get a trdelnik here. They have so many combinations and fillings to choose from.

Bakeshop: Casual brunch spot near the Old Square. Fantastic eggs on croissant

Bohemia Bagel: Great if you are craving an American breakfast.

Cafe Savoy: A more limited brunch menu but very good.

Cantina: Amazing mexican food. Cash only.

Noi: Thai food.

Staromestska: Traditional cuisine – goulash, beers, wienerschnitzel.

U Bulinu: Trendy take on Czech traditional eats.

Hotel U Prince: Sit on the rooftop it’s an amazing view, slightly more expensive.

Shalom: Kosher food.

King Solomon: Kosher food.
**NIGHTLIFE**

Drink Pražka when you go out. It is the ciroc of Prague

**Bed Lounge**: Hookah bar and bed lounge where you can sit on beds inside and grab drinks.

**Blind Eye**: Former speakeasy.

**Bombay Bar**: Nice cocktail bar to pregame at before going out. Recommend bucket of Sex on the Beach, Chipito shots.

**Bugsy’s Bar**: Great place to drink if you want a relaxed and chill cocktail bar with good drinks.

**Lucerna**: Really popular place for students abroad. On Friday nights it’s 90s themed. Go during the day or day before to get tickets so you can skip the line. Tickets are 4 dollars. Really fun night!

**Retro**: Fun dance bar, great on Wednesday nights.

**The Pub**: There are several locations but not all of them have tap your own. Here you can tap your own beer from touch screen at your booth. Really fun to come with a group of friends and when it is busy it gets competitive table vs. table.

**Usudu**: Hidden gem underground tunnel bar with a variety of drinks and amazing beer. wine bar/kavarna – a lot of underground rooms and cave like tunnels.

**JEWISH ACTIVITIES**

The Jewish community of Prague has survived both the Holocaust and Communist rule, and Jewish life is now undergoing a period of revitalization. Prague is unique in that the old Jewish quarter was preserved during WWII, making it an extremely popular tourist Destination for Jews and non-Jews alike. While the Jewish community is small, there are a variety of organizations and opportunities for students to get involved in Jewish life and there are social organizations geared for student and young adults, which welcome foreign student participation and leadership. There are also a few Kosher restaurants in Prague.

**Bejt Simcha**: A Progressive (Reform) community that holds weekly Friday night services in Czech. The community also holds services and communal meals for High Holidays, albeit mainly in Czech.

**Chabad of Prague**: An Orthodox Lubavitch organization that welcomes Jews of all backgrounds. They hold Friday night, Saturday morning and Holiday services, and have free meals for students at their on-site restaurant, Shelanu. It’s an open and welcoming environment, but important to know that all announcements are made in Hebrew to cater to the large Israeli tourist population. The rabbi and his wife also hold Jewish learning sessions, where students are welcome.

**Czech Union of Jewish Students (CÚZM)**: A well organized group of Czech university students and young professionals who organize social and cultural events, as well as some Shabbat and Holiday meals. Most group members speak excellent English and love having international students join their events!

**Jewish Community of Prague**: The central Orthodox community holds traditional Friday night and Holiday services in Hebrew at the Alt Neu Synagogue, the oldest active synagogue in Europe. They also have weekly Saturday morning services at the Jerusalem Street Synagogue. They also have a Kosher restaurant inside the Community building on Maiselova Street in a beautiful former synagogue hall, and host occasional communal Shabbat meals there too. The community is very strict in its membership and attendance policies - connect with KAHAL staff before attending to ensure you will be able to pass through security.

**Masorti Prague**: A Conservative community specialising in hosting students that holds frequent Friday night and Holiday services in Hebrew and English that are very accessible to international students. Led by Rabbi Ron, an American living in Prague, the community often organizes community meals for students at Dinitz Kosher restaurant or at Rabbi Ron’s home.

**Moishe House**: A group of students and young adults that live together in an apartment and put on several events a month (Jewish and non Jewish events for local young Jews) often in conjunction with CÚZM. Events include falafel nights, yoga, Shabbat dinners, study hours, etc. All of the residents speak excellent English and love having international students join. Their events are publicized in a private, secret Facebook group (usually there’s an English translation under the Czech event description) so connect with KAHAL staff to get access!
Dinitz: Run by an Israeli, serving excellent Middle Eastern food and other meat dishes right in the city centre. The owner Gabi is a great friend of KAHAL’s and always makes our students feel welcome. He enjoys hosting large student dinners and tends to give student discounts too!

Kosher Food Shop in Jewish Community Building: Sells some basic Kosher products, shop is in the basement of the Jewish Community Building. Make sure to let the Community know you are coming in advance, as there is security to get into the building.

Trdelnik

Jewish Quarter: You can chose to take a tour or a self-guided tour of the five synagogues in Prague that all have a deep history.

Terezin Concentration Camp: Terezin was a concentration camp 30 miles north of Prague during WWII. Terezin was known as the “propaganda camp” that was meant to fool outsiders. From the elaborate trickery of the playgrounds for children or beautified camp grounds this was a unique place of terror.

Prague Jewish Museum
DENMARK

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COPENHAGEN

ATTRACTIONS

Walking Tour: Many companies offer but it is a city where it is nice to get a lay of the land. There are free tours and ones that come at a small cost!

Bike Tour: You can often rent from your hostel. There are more bikes than people in this city and it allows for fun and easy transport.

Nyhavn: Beautiful colored buildings and an iconic canal. Perfect place for your Copenhagen photo-op. The iconic sidewalk trampolines are also right around the corner along the water.

Christians: Considered to be the alternative neighborhood of Copenhagen. It is a mix of galleries, music venues, cheap and organic eateries. Open to the public and companies run walking tours around this neighborhood as well.

The Round Tower: A tower that gives you 360 degree views of the city from the top.

Carlsberg Brewery Tour: Great if you love beer and even if you don’t!

Rosenborg Castle: Only open from 10am-2pm daily. It is a beautiful landmark and is still completely intact along with furniture and personal belongings still in the castle. There is a student discount. With the ticket you receive access to the Jewels and castle. Also allow time to walk the park, it is not very large but very pretty.

FOOD

Gasoline Grill: Rated one of the best burgers in the world, so definitely go! They also have great veggie burgers.

Mad & Caffe: Great brunch spot with small portions; bring people here when they visit.

Sticks n Sushi: Some of the freshest sushi out there but it is quite expensive.

Cocks & Cows: American food and burgers.

Paper Island: Similar to an indoor food hall with various vendors. Somewhat like Smorgasburg in Brooklyn. Have something for everyone here.

Glass Market: Smaller version of Paper Island but better to grab a quick snack-- would not recommend for a meal.

Rajissimo: There are a few scattered around, awesome chocolate covered waffles, waffles on a stick, and churros

Bastard Cafe: Fun cafe with hundreds of board games. Even if you don’t get anything, definitely a cool vibe.

JEWISH ACTIVITIES

Grand Synagogue: Constructed in 1833

The Royal Library: Contains the Simonson Library which possesses interesting Judaica section

Freedom Museum: Contains a section devoted to the history of Nazi resistance and the Shoah

Jewish Museum of Copenhagen: Presents Jewish life in Denmark through 400 years
**Chabadmark:** Lovely Chabad couple who host weekly Shabbat meals, festival engagement and student events throughout the year.

**Jewish Community Centre:** Community Rabbi and Rebbetzen host services held in the Synagogue every week which students are welcome to attend.

**Shir Hatzafon:** This is the progressive community which meets once a month.

**Jewish Tours Copenhagen:** Runs Jewish heritage tours around Copenhagen and Denmark. Special student and group deals!

**Kosher in Copenhagen:**
- **Gil’s Deli:** A long standing kosher food market
- **Kosher Restaurant:** Run by the Chabad couple
FRANCE

Contact: Joey (joey@kahalabroad.org)
PARIS

ATTR ACTIONS

River Cruise on the Seine: Nice activity to do at night if it is not too cold. Great way to see the Eiffel Tower for the first time and the many sights along the river. (many hostels have affordable deals with the boat companies for 10 euros).

Versailles: A must do. Arrive very early (the line will get crazy). Get in for free with student visa. The inside of the palace is spectacular but the most impressive section is the gardens. You can rent a golf cart to see more of the garden in less time.

Eiffel Tower: Nice to see it both during the day and night. At night, there is a light show each hour but it is seasonal.

Champs Elysee: Major shopping street close to the Eiffel Tower.

Arc de Triomphe: Climb to the top, most beautiful views of the city and you can see the tower.

Notre Dame Cathedral

Pont des Arts Bridge: The lock bridge! They sell locks and sharpies here that you can sign but they will be

Latin Quarters: Markets during the day, also good for dinner and crepes.

Les Catacombes: Bones put underground when cemeteries got too full and started spreading diseases, years later someone went in and organized all the bones. Go early, they only let a certain amount of people in at a time.

Champs Elysee: Major shopping street close to the Eiffel Tower.

Montmartre Neighborhood: Cable car to top of the hill or walk. Really cute, artsy area. Cool views, stores and stands.

Sacre Coeur: Church up a hill in Montmartre with beautiful view of the city.

Sainte-Chapelle Church: Gothic style church with the most beautiful stained glass windows that let the light in.

Latin Quarters: Markets during the day, also good for dinner and crepes.

Tuileries Gardens: Nice to walk through next to the Seine and near the Louvre. Really nice place to walk around.

Musee d’Orsay: All types of art; Architecture, models, paintings, sketches, statues, etc.

Musée De L’Orangerie: Impressionist and classic French artists.

Musée Rodin: Sculpture garden and museum of Rodin, considered one of the most remarkable sculptors of his time.

FOOD

Ladurée & Pierre Hermes: Amazing option for French macarons. There will be a lines but it is worthwhile!

Crepes: These can be bought on the streets, restaurants, etc. Just get them and they are amazing!

Angelina’s: Famous tea and hot chocolate place near the Louvre with sit down option too.

JEWSH ACTIVITIES

The Jewish community of Paris is the largest in Europe. It is thriving and spread out across several districts, with a lot to discover! There are multiple Kosher restaurants and synagogues of all denominations throughout the city, with a very active “Chabad on campus” too. Each major campus in France has a representative Jewish Student Union, known as UEJF, which provides opportunities for students to engage with politics, advocacy, and activism. There are two Moishe Houses and a variety of social and cultural opportunities for students to get involved with. It should be noted that for security reasons, getting involved with the community requires an “in” - which KAHAL can provide!

Connect with KAHAL to find your Jewish home in Paris, France.

Home Hospitality: There are many families that love hosting study abroad students in their home for Shabbat and Holiday meals, with a dedicated (secret) Facebook group that KAHAL staff can point you to - just contact us to be set up with locals.
L'as du Fallafel: Heavenly falafel endorsed by Lenny Kravitz, competes with the best Israeli falafel around.

The Jewish Quarter

Jewish History Guided Tour

Kehilat Gesher: A Progressive (Reform) bi-lingual (French and English) synagogue in Paris that holds weekly Shabbat and Holiday services. There are many expat members, and the community is very welcoming and hospitable towards study abroad students.

Marom Paris: A group of students and young professionals that organize Shabbat and Holiday dinners and services, as well as social and cultural events. They are affiliated with the Masorti (Conservative) movement, but are open and welcoming to Jews of all background. Their events are publicized in a private, secret Facebook group. Ask KAHAL for access!

JewSalsa: A group of students and young professionals that organize occasional Shabbat and Holiday dinners and services, as well as social and cultural events. They often draw in musical inspiration and have a fun and lively atmosphere. Their events are publicized in a private, secret Facebook group. Ask KAHAL staff for access!

Moishe House: A group of young adults and students that live together in an apartment and put on several events a month (Jewish and social/educational events for locals). Events include falafel nights, yoga, Shabbat dinners, study hours, paintball, and more. All of the residents speak excellent English and love having international students join. Their events are publicized in a private, secret Facebook group. Ask KAHAL for access!

PilPoul is a new, grassroots modern orthodox young adult chevruta/Shabbat event community that is extremely welcoming and creative with their approach. They are extremely happy to have students join, although many of their events are in only French and Hebrew.

Chabad: An Orthodox Lubavitch organization that welcomes Jews of all backgrounds and caters specifically to students. They have a student study building near to the Sorbonne with social space and study areas. They hold Friday night, Saturday morning and Holiday services, and have free meals for students. It’s an open and welcoming environment, and they organize Jewish learning opportunities as well.

Kosher in Paris: Paris is home to the most kosher restaurants of any city in Europe, and you’ll find many of the Kosher spots in the 8th or 17th district, but others are spread throughout the city. Check out this handy list of the best in Paris: (yeahthatskosher.com/2013/06/top-15-kosher-restaurants-in-paris-france) please have interns check this is up to date/see if there is a newer version

NIGHTLIFE

Yellow Mad Monkey

Charlotte Bar

Lavomatic: Speakeasy with a laundermat front.
**ATTRACTIONS**

**The Beach:** Hit the beach but be sure to bring a towel because it is rocky. You can also rent beach chairs for 10 euros.

**Le Chateau / Castle City:** You can climb this for free for views of the whole city.

**Cours Saleya:** Pedestrian area of Nice with a farmers market during the day and a craft market at night

**FOOD**

**Pôp-ô-thym:** Great place to grab a crepe.

**Le Luna Rossa:** Delicious and fresh seafood from the coast.

**Le Luna Rossa:** If you love cheese this is a great place to go! They have 2 seating times and you can only stay for as long as your seating time. The first will likely be served whole unless you ask them to fillet it for you. It is in a wine cellar so the atmosphere is incredible.

**NIGHTLIFE**

**American Bar:** If you go during happy hour and get a pitcher it is a fun and affordable time.

**DAY TRIPS**

**Monaco or Monte Carlo:** Beautiful place to go for the day and not difficult to get to.

**Cannes:** Only a 30 minute train ride from Nice and filled with great shopping, food and the beach! Going during the film festival is supposed to be awesome but very busy!

**Grasse:** A short train ride away from Cannes. This is where all of the perfume factories are and they offer free tours that are really interesting! Only need a couple of hours here but makes for a great afternoon.
GERMANY

Contact: Joey (joey@kahalabroad.org)
BERLIN

ATTRACTIONS

East Berlin Gallery: Berlin wall with murals.
Mauerpark Flea Market: Open on Sundays. There are several other weekend markets nearby.
Neues Museum: Open on Sundays. There are several other weekend markets nearby.
Brandenburg Gate

FOOD

Eat lots of pretzels, schnitzel and drink lots of beer! If there around the holiday season there are tons of markets with traditional European snacks!

Schlomo’s Bagels: Bagel store started by young hipsters from New York. They are not at all New York bagels but they have a close feeling when you are missing home. They top bagels with the good stuff like pastrami, tuna, egg-salad and also have great pickles!

Mogg: This place is very difficult to find, almost like a speakeasy for pastrami! It is a Jewish deli housed in a former Jewish Girls school. Known for matzo ball soup, New York cheesecake, seasonal salads, and of course house cured and smoked pastrami.

JEWS ACTIVITIES

Berlin is the home of a large Jewish community and great wealth of Jewish history. Within Berlin, there are distinctive Russian, German, and Israeli Jewish communities, in addition to an active Jewish student community. There are a variety of student-led groups that provide leadership opportunities and events for study abroad students.

Memorial to the Murdered Jews of Europe: The Holocaust memorial in Berlin to the Jewish victims of the Holocaust.

Jewish Museum Berlin: Modern style museum which is architecturally symbolic and beautiful. A do not miss!

Neue Synagogue

Centrum Judaicum: Located in the new Synagogue- committed to preservation of Jewish culture.

Anne Frank Centre: Judenplatz (Jews Square) was the center of the Jewish community and now a massive Holocaust memorial is there.

Topography of Terror: History museum built on the land that served as the headquarters for many Nazi subgroups during the World War II era.

BASE: Part of the wider BASE franchise found in New York, Chicago and Miami, BASE Berlin is a welcoming, pluralist house for students and young people to engage in Jewish education, networking and social events and frequent Shabbat dinners with an American expat couple.

Frankeleufer Synagogue: A traditional-liberal community, with a lot of young and international people (many English speakers); there are opportunities for students to lead shiurim on Saturday morning and they run monthly community Shabbat potluck dinners.

JSUD: The Jewish Student Union of Germany hosts frequent get togethers and deeper engagement seminars, with many students based in Berlin.

Morasha: A large, international modern orthodox student community that hosts weekly Shabbat dinners, holiday meals and with a residence for short term stays.
MUNICH

ATTR ACTIONS

Octoberfest/Springfest: Many students come to Munich for the famous Oktoberfest/Springfest but there is a lot more to the city too!

BMW Museum & Factory: If you make an appointment a few weeks in advance, you can test drive cars at the factory and watch cars being made.

Hofbräuhaus Biergarten: Famous beer hall in the center of city.

Mike’s Bike Tour
Schloss Park
English Garden

FOOD

Augustenerkeller Biergarden: Authentic beer garden
Rischart Bakery

JE WISH ACTIVITIES

Dachau: Concentration Camp
Olympic Park: The site of the 1972 Olympic games. The memorial to the 11 Israeli athletes murdered by terrorists at the game stands.
Jewish Museum
GREECE

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ATHENS

ATTRACTIONS

Acropolis: Major site and where the Parthenon is housed.
Panathenaic Stadium
Temple of Zeus
Arch of Hadrian
Plaka: Area with cute shops.

FOOD

Pita Bar: Many locations throughout city, really good cheap and fast gyros.

JEWISH ACTIVITIES

Gostijo: Nice little kosher restaurant that is also the Athens Chabad. Really tasty falafel and hummus.
Jewish Museum of Greece
SANTORINI

ATTRACTIONS

Black Sand Beaches: The beach is made out of little black rocks that are really soft. The water is extremely blue and the views are breathtaking. Wear sunscreen!!! The sun is a lot stronger than we are used to.

Rent an ATV: It is a super fun and great way to get around the entire island.

Oia (Ia): This is among the most beautiful spots. Recommend visiting for sunset but getting there a few hours early to walk around. DO NOT ATV there. The roads are extremely windy and dangerous.

Volcano Boat Tour (Hot Springs): This tour leaves daily from the old port at 11am but you have to be there by 10:45am. You can buy tickets down by the port for 20 euro. This ticket included a visit to the volcano and going into the hot springs. You have to jump off the boat and into the hot springs so wear your bathing suit. Tour is approximately 4 hours.

Donkey Riding: Really fun and a little scary! Only 5 euro and you do not have to book ahead.

Hike from Fira to Oia

Dr. Fish Spa: Place to get a fish pedicure.

FOOD

Gyros: Get them all over the city.

Chillbox: Fantastic frozen yogurt. You can get it for breakfast because it is greek yogurt and fruit!

Naoussa: Great traditional Greek food.
HUNGARY

Contact: Joey (joey@kahalabroad.org)
BUDAPEST

ATTRACTIONS

**Szechenyi Baths:** The famous spa baths. Recommend going at night during one of the parties (the bath parties are on Saturday nights). You can also opt to get a massage for really cheap!

**Fisherman Bastion:** Panoramic viewing terrace of the city of Budapest.

**St. Stephen’s Basilica**

**Castle District**

**Hero’s Square:** Monument paying tribute to the Heroes of Hungary. New Budapest sign is in front.

**Chain Bridge:** At sunset it is beautiful. You can see the entire city in lights along the river.

NIGHTLIFE

**Szimpla Kert:** The two story bar is like a greenhouse. It’s a great place to go out and have a fun night but not a club.

**Instant:** 5 levels, each with different genres of music.

JEWSIH ACTIVITIES

Budapest merges a traditional and strong observant Jewish community centralized within more than 20 synagogues, and a lively and friendly secular Jewish community centralized in the Center of Budapest, within Moise House, the Balint Jewish Community House, the Aurora or the Israeli Cultural Institute.

**Shoes on the Danube:** Walk towards parliament along the water and you will find it. It is a tribute to the Holocaust and the thousands of Hungarian Jews that were shot into the Danube River when the Germans wanted to liquidate the ghetto in a very short time.

**Dohany Synagogue:** Not open on Shabbat and closes very early on Friday before Shabbat.

**Mazel Tov:** Mediterranean and vegetarian restaurant.

**Hummus Bar:** You can get plates of hummus with different toppings. Good wifi if you need a place to stop and regroup.

**Moise House:** Moise House is a wonderful place where all the young Jews show up few times a year. The inhabitants of the house organize different Jewish or non-Jewish related programs 5 times a month, and everybody is more than welcome to join their events.

**Frankel Synagogue:** This neologe synagogue can be found on the Buda side of the city right by the Danube. It’s amazing young rabbi and Rebece doing their best to involve as many youngsters and they can, to show them the beauty of the Jewish life.

**Aurora:** This community space give home to plenty civil organizations, as well as to Dor Chadash, a very reform and liberal Jewish community. If you enjoy shabbat with a pleasant guitar play, Aurora is your place. Can be found easily in street Aurora.

**Balint Jewish Community House:** This place is the JCC where variety of Jewish events and programs happening, the house even have a gym and a couple of group sports programs are also available.

**Israeli Cultural Institute:** Have you ever studied Hebrew? Would you feel like getting close to Jews through the language? The ICI is the perfect place for that. High level Hebrew education is available, and so many more events that
introduces the Budapest Jews through Hebrew and “light” Zionism.

**Hillel Hungary:** Young Jewish professionals and university students get to gather to celebrate Jewish holidays and shabbats. They have plenty of events available usually on Facebook.

**Kosher Shops and Restaurants:** There are a couple of Kosher restaurants like Hanna, or the restaurant of the King David Hotel. There is also a middle-size kosher shop called Kőser Piac (kosher market) where you can find the freshly made kosher bakeries from the Shemesh kosher bakery.

And where can you find all these places? In the Jewish quarter of Budapest. Here synagogues, yellow star houses, stylish design shops, and exciting ruin bars can be found next to each other, with a fascinating nightlife. During the day, Free Budapest Tours are available within the Jewish Quarter, if you would like to deepen yourself in the History of the neighborhood.
IRELAND

Contact: Joey (joey@kahalabroad.org)
DUBLIN

ATTR ACTIONS

Guinness Tour & Storehouse
Cliffs of Moher: Beautiful area! You can travel with a bus company that stops at multiple spots along the way (Paddywagon Bus Tours or Wild Rover Tours). The cliffs are about 3 hours away from Dublin so this is a full day activity, but totally worthwhile! Some trips offer stops in Galway as well.

Walking Tour: Many companies offer these and it is a great way to see the city.

Hop On/Hop Off Bus Tour: Easy way to see Dublin and learn the history of the city.

Malahide Castle
St. Peter’s Cathedral
Temple Bar

FOOD

Porterhouse: Pub food with good veggie options.
Pieman: Homemade pies that are amazing in the Temple Bar area.
Sweet Republic: Similar to Black Tap in New York. Great milkshakes and desserts.
JW Sweetman
Queen Of Tarts: Really good pastries.
Elephant and Castle: Great brunch, make a reservation.

NIGHTLIFE

Temple Bar: This is the tourist bar area. Lots of pubs playing live music; overall cool atmosphere! Make sure to bring your ID because many places will check.
Fitzsimons: Has a cool rooftop.
Gogarty’s: It is a traditional Irish pub with music and dancing. A bit of an older crowd but a fun time!
Whelan’s

JEWISH ACTIVITIES

Irish Jewish Museum
Dublin Progressive Museum
ISRAEL

Contact: Talia (talia@kahalabroad.org)
ATTRACTIONS

The Old City: Western Wall
Emek Refaim: Very cute part of town
Gan Sacher: Huge park, Fun place to be on Yom Ha’atzmaut
Machane Yehudah Market: “The Shuk,” which features produce, bread, restaurants, fruit and nutes; an amazing place (bargain and bring shekels). Market by day party scene at night.
Ben Yehudah Street: Touristy, souvenirs, but lots of shopping.

FOOD

Anywhere in Machane Yehuda: The Shuk (market)
Pasta Basta: Delicious crepes.
Jahnun Bar: The Shakshukalawach will change your life.
Re:bar: Smoothies and froyo.
Sushi-ya: They do vegan days.
Nagila: Amazing vegan food.
TEL AVIV

ATTRACTIONS

Beaches: Avoid the beaches closer to the port; they are usually busier, especially during summer, as all the tourists go there. There are also beach side outdoor gyms all over the city.

Florentin: Hipster area; cool bars and lots of street art here too.

Markets:
  • Sarona Market: More upscale shopping and food market.
  • Neveh Tzedek: Cute area with really nice, artsy shops and cool street art.

Rabin Center: Learn about Yitzchak Rabin.

Rabin Square: Rabin Memorial – they hold lots of events/concerts here too.

Weizmann Institute: Science university that has an outdoor exhibition which is really cool.

Shopping:
  • Azrieli Mall
  • Dizengoff Center
  • Dizengoff Street: Lots of cool (but expensive) boutique stores
  • Bograshov Street

FOOD

Tamara Yoghurt: Froyo
Leggenda: Froyo
Cafe XOHO
Bennedict: Breakfast food open 24 hour.
Eat Meat
Abulafia: Amazing bakery
Dr. Shakshukka
The Old Man And The Sea: Very well known; in Jaffa.
Abraxus North
Santa Katarina
Night Kitchen
Vicky Christina
Makom Basar
Ha-Achim
Vong
Cafe Hanoi
Thai House
Jappanika  
Fu Sushi  
Ze Sushi  
Yan Sushi  
Mexicana  
Susu and Son

NIGHTLIFE

On/Near Rotschild Street:
- Kuli Alma
- Zoo Zoo Bar
- Sputnik Bar
- Speakeasy
- Billie Jean

Dizengoff Street:
- Dizzy Frishton
- The East Jaffa Perfume Company
- Concierge
- Cerveza
- Beer Garden

King Geroge Street:
- Mabrouk
- Ozen Bar
- Voodoo Bar

Rubi: fun dance bar
Lima Lima: Friday night is one price unlimited drinks

Clubs
- Summer: Shalvata, Lighthouse, Clara
- Winter: Fineshmaker & Pisher, Molly Percocet

For clubs/nighlife in general it is helpful to know a promoter: contact Aviel (+972 54 251 2231) on Whatsapp
ITALY

Contact: Jessie (jessie@kahalabroad.org)
AMALFI COAST

CAPRI

ATTRACTIONS

Boat Tour: Beautiful views and clear blue water. Try to go early in the morning before the water is too high in the Blue Grotto.
Funicular to the Top of the Island: Take it up to Anacapri where you can view the peak of the island. Very beautiful!

FOOD

Pretty much everything here is directed toward tourists so it is quite expensive and average. Don’t let this dictate the food for the rest of Italy though!

NAPLES

ATTRACTIONS

Castel Nuovo: The castle is in the main square. This is also where the free walking tours depart from.
Castel St. Elmo: This castle is up the hill. You can take the sky rail 3 stop to the top and then walk over 3 streets. Once you reach the castle you can see the whole city in 360 degree view. Only costs 5 euro a person.

FOOD

Pizza: This is the birthplace of pizza!
L’Antica Pizzeria da Michele: The line will be out the door but this is by far the most incredible pizza in the universe. This place was also in the movie Eat, Pray, Love. The Italian chefs are making pizza on the open flame right near you. It is such a magical experience.

JEWISH ACTIVITIES

Napoli Sinagoga: Open daily and on Shabbat.
FLORENCE

ATTRACTIONS

Boboli Gardens & Pitti Palace: The palace and gardens are both stunning. Filled with renaissance art inside and the outside grounds are special. One of the many locations throughout the city where the Medici family lived. It is free on the first Sunday of every month.

Ponte Vecchio: Take the time to walk and explore from each side. Really amazing bridge but for views of the Ponte Vecchio view from the other bridges that are all parallel.

Duomo Complex: This is in the middle of the city. It is a must do activity in Florence. You can purchase a ticket for all of the buildings in the complex (bell tower, baptistery, museum, and climb to the duomo and bell tower). Be sure to book a time to climb in advance because you will not be allowed up without it. Make sure to take time to explore each of these sights.

Uffizi Gallery: Famous art museum with pieces including The Birth of Venus. It is closed on Monday’s. Recommend buying tickets/reserving a time in advance. This museum is huge.

Gucci Museo: This museum has recently reopened in the heart of Florence. It is a cool fashion museum with modern work.

Galleria dell’Accademia: This is where the David is. There are replicas located outside of another museum in Florence but this is the real one! Inside of this museum there are also many other sculptors.

Piazza della Repubblica: This is where the famous carousel is located and it is beautiful during the winter time/holiday season.

Piazzale Michelangelo: Incredible views of the entire city. You can either take a cab or walk from the center of the city which is about a 40 minute walk. Highly recommended to visit at sunset and bring a bottle of wine to soak up the beauty of the city.

Wander and explore the many other cathedrals, piazza’s (squares) and side streets. Florence is a city of natural beauty. Cathedrals are usually free to enter and each is unique.

Day Trip: Take the opportunity to find a Tuscan wine tour departing from Florence. Airbnb experiences have some as do many of the local travel companies (Chianti Region).

Shopping

• Leather Market: located right next to the central market. Lots of leather products, pashminas, belts etc. Make sure to bargain for the best price.

• Piazza della Repubblica: Good American stores (H&M, Zara, Apple, etc.)

• Ponte Vecchio: Expensive gold jewelry

• Massimo Leather: The study abroad leather guy! Everyone has sent someone here. He always gives students great deals.

• Tutto 99: Many locations throughout the city. Dollar store for school supplies, toiletries, costumes, etc.

FOOD

Many restaurants close mid-day or are only open for dinner time so make sure to check beforehand.

Gusta Pizza: Famous pizza place. They will make the pizza in a heart shape if you ask. Only 5 euros.

All’Antico Vinaio: Amazing panini place. It is huge and only 5 euro. They have a menu but you can also pick your own ingredients. The line will be out the door during lunchtime but it is worth it. There are two booths on either side of the street. Both are the same.

4 Leoni: A little fancier but very delicious. Recommend making a reservation in advance and try the pear ravioli.
**Pizzeria O’Scugnizzo:** This is a neighborhood pizza place on the oltrarno side. The staff speak very little English but the pizza is incredible. Recommend trying the ricotta stuffed crust!

**Signorvino:** Great spot for an aperitivo (afternoon snack). You can sit out on the river arno and enjoy a bottle of wine and cheese platter. There are many locations in other cities throughout Italy but the views here cannot be beat.

**Osteria Santo Spirito:** Located in the very cool square of Santo Spirito. Affordable and delicious pasta dishes. Recommend the truffle gnocchi and spaghetti.

**Trattoria 13 Gobbi:** Known for their rigatoni with red sauce. It is written in red on the menu so that visitors know. Also recommend making a reservation. The desserts are great too!

**La Giostra:** MUST make a reservation. It is a popular place for when families visit their students. It is on the more upscale side and the food is amazing. They start you with prosecco and appetizers. Try the Florentine steak or any of their house made ravioli.

**O’Vessuvio:** This is the pizza shop where the Jersey Shore cast worked. It is a bit more expensive than other pizza places but it is novel.

**Ristorante Acqua al 2:** People really enjoy the steak sampler & pasta sampler. Would recommend making a reservation. Il Teatro: This is a popular choice among study abroad students. They have a weekday preset menu with all you can drink. It is several courses and unlimited wine. You will leave very, very full.

**Il Profeta:** Known for the famous “John Travolta Pasta”. The owners are very friendly and make everyone feel like family. It is not a cheap meal but a very fun experience. Recommend making a reservation.

**Mercato Centrale:** The downstairs is a traditional fresh food market with pastries, cheeses, meats, etc. Upstairs is a prepared food hall. They also offer cooking classes in the upstairs portion of the hall. There are several other food markets similar to the downstairs portion of mercato centrale. Keep your eye out!

**Shake Cafe:** It is nice for a break from Italian food. It is a healthy smoothie/salad bar.

**Secret Bakery:** This is a Florence nighttime tradition. Go after hitting the bars. It is located behind Red Garter. You will not miss it.

**Gelateria dei Neri:** It is considered to be among the best gelato out there. Delicious!

**La Carraia:** There are two locations. Also considered the best gelato out there. It is really good and wide range of flavors. Try the Ricotta and pear flavor.

**Don Nino:** A very touristy gelato shop/cafe but has some of the best cannolis.

**Pino’s:** Another panini shop but definitely attracts American study abroad students a bit more. Pino works there and is really friendly.

**NIGHTLIFE**

**Space**

**Lion’s Fountain:** This is a classic study abroad bar. You can purchase a 1 euro wristband and then anytime you are there with the wristband you get a free shot with the drinks.

**Yab:** Very fun in the VIP section. Free coat check with VIP. Go on Monday nights.

**Red Garter:** Another bar that tends to attract American students. They have drink specials and most of the time karaoke.

**JEWISH ACTIVITIES**

**Chabad of Florence:** The Rabbi weekly shabbat meals and services, festival engagement and student events throughout the year. The Chabad loves having American visitors and is very welcoming!

**Shir Hadash:** This is the progressive community which meets every other week for Kabbalat Shabbat and a potluck dinner. They gather for holidays, shabbat and holiday meals, and all different kinds of community building events.

**Jewish Quarter:** Located within the Jewish quarter are a handful of Kosher restaurants, a synagogue, and the Chabad.

**Ruth’s Restaurant:** Kosher, vegetarian restaurant
The Great Synagogue of Florence: The new Rabbi, Rabbi Spagnoletto, is warm and welcoming and is happy to have students traveling join the community. They have weekly shabbat services in the gorgeous, historic building and serve as a connection to the larger Jewish community in Florence.

JEWISH ACTIVITIES

Chabad of Milan: The Rabbi weekly shabbat meals and services, festival engagement and student events throughout the year. The Chabad loves having American visitors and is very welcoming!

Beth Shalom Milan: This progressive community meets every week for Kabbalat Shabbat and a potluck dinner. There is a lot of English (and Hebrew and Italian) spoken in this community, and it is very open to having guests come and visit.

Lev Chadash: This is the progressive community which meets every other week for Kabbalat Shabbat and a potluck dinner. They gather for holidays, shabbat and holiday meals, and all different kinds of community building events. They are generally very excited to have students join them, so there are several host families who will happily host students for meals!

VENICE

ATTRACTIONS

Gondola Ride: They are all over. All are slightly overpriced but the ones outside of Hard Rock Cafe are usually the cheapest.

Peggy Guggenheim Museum

St. Marks Square

Murano/Burano Islands: You can buy a 24 hour ferry pass for 20 euro and use it to hop around the different islands. Murano Island is known for Murano glass. You can buy this glass in Venice but it is nice to see the presentation of how they make it. Burano Island is filled with color. They are known for lace.

JEWISH ACTIVITIES

Jewish Ghetto/Quarter: The oldest standing Jewish synagogue.

Jewish Museum of Venice

Holocaust Memorial

Public Chanukah Menorah

Gam Gam: Kosher restaurant.
ROME

ATTR ACTIONS

Borghese Gallery: Park in the middle of the city, makes it feel like you’re not in Rome for a little bit.
Campo de’ Fiori: Cute marketplace during the day and area where the bars are at night
Colosseum and the Roman Forum: Purchase tickets in advance. The line might be long but worth the wait.
Pantheon
Spanish Steps: The street leading up to here is one of the most beautiful streets. The steps themselves are breathtaking.
Trevi Fountain: It will be crowded but make sure to take it all in. And do not sit on the fountain, the security guards will come over and tell you to move.
Castel Sant’Angelo: Really good views of Rome if you can’t climb up St. Peter’s
Vatican City & St. Peter’s Basilica: The Pope gives blessings on Wednesdays and does mass to the whole square on Sundays. Long line but worth it!
Vatican Museum: Incredible museum with so many pieces of art. Also where the Sistine chapel is located.
Piazza Navona

FOOD

Hostaria del Moro da Tony: It is an affordable choice with all you can drink.
Navona Notte
Tre Scalini: Where tartufo was invented.
3Quarti
Da Baffetto: Considered some of the best pizza in Rome.
Dar Poeta

NIGHTLIFE

Hostaria del Moro da Tony: It is an affordable choice with all you can drink.
Scholar’s: Big American study abroad scene. They have Karaoke most nights.
Shari Vari: Popular nightclub
G Bar
Ice Club: The ice bar in Rome. 15 euro to get in with a free drink and jacket. It is relaxed but you won’t want to stay more than an hour because it does get really cold
The Drunken Ship
Abbey Theatre Irish Pub

JEISH ACTIVITIES

The Ghetto of Rome
Ostia Antica Synagogue
Roman Forum and Titus Arch (Titus in Judea)
Jewish Quarter

**Chabad of Rome:** The Rabbi speaks perfect English and hosts weekly shabbat meals and services, festival engagement and student events throughout the year.

**JEvents:** This is the progressive community which meets every other week in a hotel (both for Friday night and Shabbat morning services). They gather for holidays, shabbat and holiday meals, and all different kinds of community building events.

**Beth Hillel Roma:** This is the progressive community which meets every other week in a hotel (both for Friday night and Shabbat morning services). They gather for holidays, shabbat and holiday meals, and all different kinds of community building events.

**Roma Kosher Tours:** Sara is an incredible local Jewish guide who grew up in the Jewish ghetto and gives all different kinds of heritage tours around Rome. Special student and group deals!
NETHERLANDS

Contact: Joey (joey@kahalabroad.org)
AMSTERDAM

ATTRACTIONS

The Heineken Experience: It is a great place whether you love beer or not. It is a total experience. You get a tour and then 2 free beers.

Coffee Shops: Bulldogs and Grasshoppers are the big ones. Walk through the “nine streets” and find a trendy one.

Red Light District: Walk around this area it is different from anything you have seen before. If you have time visit Moulin Rouge for a live sex show.

Rijksmuseum

FOOD

Stroopwafel: This is a pastry made from two thin layers of baked dough with caramel syrup filling in the middle. The Pancake Bakery: Delicious crepes.

Wok to Walk: Located all over the city; it is a stir fry fast casual eatery.

The Avocado Show

DAY TRIP

Zaanse Schans/Volendam: Take a day trip to Zaanse Schans/Volendam to see the windmills, wheels of cheese and wooden shoes be made. It is a country experience!

JEWISH ACTIVITIES

Amsterdam is home to a large and active Jewish community, including an active Jewish student community. It’s easy to find your place within the many programs offered by the Chabad on Campus, many synagogues, and the local Jewish student union (IJAR). Known for it’s rich Jewish history, Amsterdam is also home to the Anne Frank House, the fantastic Portuguese Synagogue, and more. Connect with KAHAL to find your Jewish home in Amsterdam.

AMOS: Ashkenazi Modern Orthodox shul in Amsterdam; can help with host families; weekly and holiday services; does have small group doing events for young people on occasion.

Beit Ha’Chidush: Progressive, inclusive community welcoming people with a Jewish background (paternal or maternal) regardless of gender and sexual orientation. Services at least three times per month for Shabbat and holidays.

Bendigamos: New Sephardic-style synagogue community with many students, events that may be interesting to students, social and networking opportunities, two services per month and Shabbat dinner hosting.

Dutch Union of Jewish Students (IJAR): Frequent drinks and speaker events involving the small but well-organised association of Jewish students in the Netherlands.

Jewish Historical Museum

Amsterdam Jewish Quarter

Portuguese Synagogue Amsterdam/Jewish Library

Anne Frank House: Make sure to reserve tickets and a time slot at least a month in advance. Recommend going at night because it is a lot less crowded.
PORTUGAL

Contact: Joey (joey@kahalabroad.org)
LAGOS

ATTRACTIONS

**Grotto Boat Tour:** Can book through the company Bom Dia. Costs 20 euro per person. You go on a boat through the famous grottos. Can be cold and windy so be sure to wear layers.

**Boating & Kayaking:** You can rent a boat and kayak through the grottos and caves then hop on the main boat again. About 3 hour tour.

**Sagres:** Sagres is the western tip of Europe. It was a short bus ride from Lagos.

**SkyDiving:** Sagres is the western "The Shuk," which features produce, bread, restaurants, fruit and nuts; an amazing place (bargain and bring shekels). Market by day party scene at night.

FOOD

**Campimar Restaurant & Bar:** Located right on the beach with great views.

**Bahia Beach Bar:** Really fresh seafood.

**Beats and Burritos:** Cheap spot for burritos
ATTRACTIONS

**Castle of Sao Jorge:** Beautiful castle that you can climb. Cost about 8 euro with student discount.

**Tuki Tuki Taxi:** Grab a tuk tuk from somewhere around the city (little open air taxi cars) and ask for a tour around. About 20 euro per person. The drivers act as tour guides and will show you all of the major sights throughout the city.

**Sintra:** Amazing day trip to take from Lisbon. 45 minutes from Lisbon. Once in Sintra you can get an uber or tuk tuk up to the main attractions. The castles are breathtaking. You can purchase a ticket once in Sintra that allows you to visit all of the attractions. (lots of uphill walking).

**Cascais:** Also 45 minutes by train from Lisbon. The beach town. Recommend visiting if the weather is warm but be sure to bring layers as it gets cool at night.

**Bairro Alto:** Area with small bars and little streets. Everyone sits outside and enjoys.

**Belem:** 20 minutes from city center. Where the Torre de Belem and Monastery are located.

**Santa Justa Lift:** Cable car ride shows you the views all over Lisbon.

FOOD

**Time Out Market:** Lisbon’s version of Chelsea market/central market. Different food vendors with lots of different options.

**Meson Andaluz:** Good option for seafood.

**Pasteis de Belem:** Famous egg custards!

Visit a restaurant that has **Fado music.** It is a dinner performance with different singers. Also, make sure to try **vino verde.**

JEWS ACTIVITIES

Lisbon has a rich and varied Jewish history spanning back hundreds of years. Today it is home to a very small Jewish community called CIL (Comunidade Israelita de Lisboa). It’s an orthodox community, although the majority of the families are tradionalsists or seculars. There is only one synagogue, called Shaaré Tikva. There is a Jewish Educational Department where you can find Judaism and Hebrew lessons for all ages. Unfortunately, there isn’t an active Jewish Student community because we don’t have many local students living here. Nevertheless, we are receiving many foreign students. We also have a small jewish youth movement called Dor Chadash, founded in 2002, with regular activities on sundays at the Maccabi Country Club. There is also a Chabad house in the nearby suburb of Cascais (https://pt.chabad.org/centers/default_cdo/aid/1332828/jewish/Chabad-Lubavitch-of-Portugal.htm).

**Shaaré Tikva Synagogue:** Sephardic synagogue that offers religious services on fridays and saturdays and also on Jewish holidays. It also offers paid synagogues tours with a guide (sundays -thursdays).

**Almada Jewish Quarter**

**Shaare Tikva Synagogue**

**Kosher Food:** There are no kosher restaurants in Lisbon. The synagogue offers Kidush on saturdays, after Tefilá and also have a structure (kosher kitchen) that serves kosher meals for organized groups of visitants. There are also some places in Lisbon where you can buy kosher products (El Corte Ingles and Portuel).

**Tour Guide:** There is a private guide, named Sandra Montez (967058554, sandramontez@clicks.pt) that offers paid private Jewish tours through the city. You can also contact Paolo at Lisbon Explorer, who offers a competitive rate.
SPAIN

Contact: Talia (talia@kahalabroad.org)
BARCELONA

**ATTRACTIONS**

**Park Guell:** One of Gaudi’s creations. Amazing being able to see the Barcelona skyline and all the mosaic artwork. MUST order tickets in advance online!

**Sagrada Familia:** Gaudi’s masterpiece that is still being built today. Recommend buying tickets in advance and opting for a guided tour.

**Picasso Museum:** Small but interesting museum if you like modern art

**Beach and Port Veil:** Area by the beach to walk around

**Parc de la Ciutadella:** park by the beach with a massive fountain at the center. Very pretty to walk around

**La Boqueria:** Located on Las Ramblas. Big food market with fresh and prepared foods.

**Arc de Triomf**

**Bunkers El Carmel:** Beautiful view of the entire city. Nice to view at sunset!

**Casa Batllo:** One of Gaudi’s masterpieces. The facade stands out on the street and is a beauty. Recommend purchasing tickets in advance.

**Casa Mila/La Pedrera:** These are the Gaudi apartments. You can climb up to the top to see views of the city and the mystical creatures on top of this building.

**Wander el Gotic and El Born:** Both very cool and hipster neighborhoods with various galleries.

**FOOD**

**Flax & Kale:** Popular brunch spot. Healthier options, juices and weekend brunch offerings. Brunch & Cake: Very popular and Instagram-worthy.

**Milk:** Brunch option in the gothic quarter.

**Carabela Cafe:** Outdoor Mexican resturant near the beach.

**Eyescream and Friends:** Ice cream where they put eyes in it (very instagrammable) located right across from the port.

**Bar Lobo:** Easy and affordable tapas.

**Casa Lolea:** Get the sangria. They bottle their own in the most adorable bottles. They make four different varieties. Great spot for tapas and sharing plates. Make a reservation!

**Costal Pacifico:** Amazing spot for small plates. Their tostadas and guac are amazing. Nice change from traditional spanish food.

**Bo de B**

**CDLC:** Lounge/club on the beach that does asian fusion. On the more expensive side but fun for a late lunch on the weekend.

**Happy Pills:** Many locations. Small candy shop where you pick your candies, size of container and label and put it all together in a pill bottle. Pretty expensive for what it is.
**Da Greco:** Good Italian food but it will be all Americans in the restaurant.

**L’eggs:** Delicious place for a more upscale brunch with traditional and funky egg dishes. They also have great cava (Spanish champagne) choices.

**Cal Pep:** Great tapas spot that is done similar to how you would order dim sum. Small sandwiches are up on the bar and you take what you want according to toothpicks. After they count them up and you pay. Really fun!

**Seven Portes:** Good for a traditional Spanish feast of paella, meats and seafood.

**NIGHTLIFE**

The nightlife scene begins around 1-2 am and people stay out until 5-6 am.

**Piperment:** Has 1L, 2L, 6L, and 16L pitchers of sangria.

**Opium:** Does not get busy until 3am. Right on the beach and a great time. Be careful of your belongings though because it is a very crowded place.

**Razzmatazz:** This is a 5 story club.

**Chupitos:** Fun shot bar by the beach. They light all the shots on fire at the bar. Good place to pregame the clubs with.

**Dow Jones Bar:** This is a concept bar. Every drink is listed on a TV screen with the price. Prices fluctuate based on who buys what (supply and demand). Every 45 minutes there is a “stock market crash” where drinks go back to baseline. Overall fun and cheap night out.

**JEWISH ACTIVITIES**

**Hebrew Tombstones in Placa Santlu:** After the Jewish cemetery in the hill of Montjuic was abandoned, some tombstones near the stone quarries where used to be buildings are located.

**Remains of Mikhva:** If you ask permission first ad the Olive store they will let you walk to the end of their shop where a few preserved columns and arches are located.

**Tours of the Jewish Quarter**

**ATID:** progressive/reform congregation that holds Shabbat and Jewish holiday prayer services and often has community meals on Shabbat and Jewish holidays.

**Bet Shalom:** The progressive Jewish community of Barcelona that holds weekly Shabbat prayer services and pot luck meals twice a month and on Jewish holidays.

**Comunidad Israelita de Barcelona (CIB):** traditional, Orthodox-Sephardic community that hosts regular Shabbat and Jewish holiday prayer services, as well as occasional social events for students and young professionals.

**Chabad of Barcelona:** lovely Chabad couple who host weekly Shabbat meals, festival engagement and student events throughout the year.

**Moishe House:** a group of Jewish young adults who live together and host events throughout the month for other young Jews.

**Mozaika:** a non-profit organization that aims to educate about Jewish culture and encourage relations between the community and the wider society to work together on different projects and common interests.
MADRID

ATTRACTIONS

Prado Museum: All biblical paintings, very famous. Famous paintings in the Parque del Retiro which are a must see! Free after 6PM.

La Sombra

Jardín Botánico

Parque del Retiro: Lake where you can rent boats (€4/hour). Get some cheap wine and bread/cheese and have a picnic!

Museo Reina Sofia: Modern art

Teatro Real

Palacio Real: The Royal Palace, right by a pretty park with an Egyptian temple

Puerta de Toledo

Plaza Mayor: Shopping area, tons of restaurants.

Center of Spain: There is a square with a plaque that is the exact center of Spain

El Rastro: Flea market, only open on Sundays

Plaza de Espana

Shopping

• Calle de Serrano: Upscale stores are here
• El Rastro: Flea market, open Sundays until around 2pm
• Calle Goya: Really good shopping area, parallel to Serrano
• Velazquez

FOOD

4 de tapas

Chocoteria: Best churros with chocolate (ask for the thick churros, they’re better).

Delirios

Entre Suspiro

La Trucha

La Vaca Argentina

Turf
NIGHTLIFE

Coyote Lounge
Cueva Bar

El Tigre: Pregame spot, €5 GIANT mojitos that come with tapas.

Joy Eslava: Get in free with a free drink before 1:30am.

Kapital: 7 story club. If a promoter comes up to you on the street take the coupon because it makes cover only €15 including 2 drinks.

MELIA Hotel: Rooftop club, super chic and fun, a bit of an older crowd.

Orange: €5 unlimited drinks.

Pacha: €16 cover usually but a table is only around €150 so you can split it with your friends.

Palacio

JEWISH ACTIVITIES

Jewish Quarter/Jewish Heritage Tour

Madrid Holocaust Memorial

Museum of the History of the Jewish Community of Madrid

Bet El: Masorti/conservative and egalitarian congregation who host regular prayer services.

Chabad: Lovely Chabad couple who host weekly Shabbat meals, festival engagement and student events throughout the year.

Comunidad Judia de Madrid (CJM): The Jewish community of Madrid, that holds traditional prayer services in Hebrew and Spanish, as well as weekly Friday night meals for students and young professionals.

Marom Espana: A group of students and young professionals that organize frequent social and cultural events.

Comunidad Judia Reformista de Madrid: The progressive (reform) Jewish community of Madrid, that hosts Shabbat and Jewish festival prayer services and potluck community dinners twice a month and on Jewish holidays.
SWITZERLAND

Contact: Joey (joey@kahalabroad.org)
INTERLAKEN

TRANSPORTATION

Note that it is pretty difficult to get to Interlaken on your own. Many students opt for transportation from one of the student travel companies. Once in the city, you can walk and/or take the buses.

ATTRACTIONS

Paragliding: This is a very popular activity amongst abroad students. It is expensive but an awesome experience. Try to go in the morning before poor visibility becomes an issue.

Grindelwald: A small town about 30 minutes away from Interlaken. Really cute and quaint. Recommend going if you have the time. But meant for skiing.

Winter Kayaking: This is the most surreal experience. They suit you up in a drysuit and you go onto the lake in 10 degree weather. It is fantastic. Bring a GoPro if you have one — This is a once in a lifetime opportunity!

Funky Chocolate Club: Sign-up for the make your own chocolate class. It is really fun time with a group of friends.

Food & Culture Walking Tour with Bus2Alps: This tour is a great add on through the company Bus2Alps. It is 2 hours and a great way to learn about the city and sample some farm to table treats. The cheese is incredible!

Visit the 2 Lakes

Rule of thumb for Switzerland – disconnect. You will likely not have phone service, which will be really different but it is the most peaceful thing. Soak up the nature around you. And you will be forced to use a paper map!

FOOD

Fondue: Get this at the Balmers Wintergarten. Otherwise most of the food is quite expensive and average. There was one Thai place next to Hooters, but that is about all!

DAY TRIPS

Zurich: It is a really cute city with a beautiful views and winter markets. Just realize that the food is very expensive. Prepare to pay about 30 bucks for a sandwich! Really take advantage of exploration.

Bern: Some travel companies offer a half day trip to the capital. It is a nice city with pretty views, but half a day is plenty.
UNITED KINGDOM

Contact: Joey (joey@kahalabroad.org)
LONDON

ATTRACTIONS

Harry Potter Studio Tour: This is NOT located in London. Worth going if you are a big Harry Potter fan. If not, visiting the 9 ¾ sign at King’s Cross station.

Camden Market: Camden is a really cool area with a huge market. The market has both little craft/vintage vendors as well as the food market.

Portobello Market in Notting Hill: cool area with lots of shops and restaurants

Kensington Palace: See Princess Diana’s dress collection/modern art exhibits.

Buckingham Palace: Get there early so you have a good spot to see the changing of the guards.

Big Ben & Westminster Area

Trafalgar Square

Harrods: Get a snack at the food hall and enjoy exploring the iconic department store.

Hyde Park

London Eye: It costs 34 dollars and the view is alright. Depends how determined you are to see it.

Tower of London

Covent Garden: Really cute, central area, great shopping, food, markets, the London Transport Museum, close to all the theatres and fun bars at night.

Leicester Square

Abbey Road: this is an actual street so cars get annoyed when you hold up traffic. Still a famous spot!

Notting Hill: Walk down cobbled street with beautiful, pastel coloured houses. Take a photo outside the blue door from the movie ‘Notting Hill’ and see the shop where the bookstore is set in the movie.

Oxford Street: Take a stroll down London’s most famous shopping street. Also check out Bond Street and Regents Street for more shops.

Parliament: Tours only on Saturdays but it is so worth it! £10 for a student ticket and that gets you a 70 minute guided tour.

Shakespeare Globe: You MUST see a show. £5 tickets, all standing which is how it used to be.

St. James Park: Great to picnic in, in front of Buckingham Palace.

St. Paul’s Cathedral: Climb the dome for a beautiful view of London. Attend a service on Sunday. Check out bars and restaurants nearby (the restaurant where British dating show First Dates is filmed is in the middle of the square).

Tate Modern: Free to enter (certain exhibits charge). Unbelievable collection, great top floor restaurant. Check out the “Black Box” located by the coat check.

The West End: See a show on London’s Broadway equivalent. Get discount tickets at TKTS booth in Piccadilly Square/ lots of booths around the city do them.

Westminster Abbey
**NIGHTLIFE**

**ABQ London**: Breaking Bad-themed bar with make-your own cocktails and hazmat suits. Online reservation needed.

**Ballie Ballerson**: Famous ball pit bar (reservation needed). Super fun for about an hour or two, then you’ll be over it.

**The Bletchley**: Speakeasy-style bar where you crack codes to unlock drinks. Expensive but very unique experience.

**Pub on the Thames**: Pub on Thames by the London Eye.

**Mahiki**: Tropical vibes, great music, super fun drinks.

**O’Neill’s**: THE main American bar in Thursdays and Saturdays. Good throwback music.

**Waxy O’Connor’s**: Pub-bar Amazing live music on Friday nights. Chillish vibe.

**FOOD**

**The Breakfast Club**: Amazing pancakes and breakfast chain; open late nights too.

**Blue Bird**: Quite classy/expensive.

**Café Forum**: Great breakfast spot before class. Free croissant with coffee before 11am!

**Churchill Arms**: The back of this pub is a Thai restaurant with a really good pad thai.

**Dishoom**: Popular Indian restaurant.

**DOZO**: Great Japanese food.

**Franco Manca**: Great personal pizzas and prices.

**Gourmet Burger Kitchen (GBK)**: Classy burger chain with great student discounts and rewards app.

**Giraffe**: Food from around the world.

**Harrod’s Food Halls**: Amazing food hall with basically everything you’d ever want.

**Il Borgo**: Italian

**Kanada Ya**: Ramen

**Med Kitchen**: Mediterranean

**Muffin Man**: Cafe and tea.

**Nando’s**: Cheap, easy and yummy! Popular for the chicken but good veggie options too.

**Pret a Manger**: Cheap, on the go lunch, great options (there is also Veggie Pret). All over the city.

**Sketch**: Super expensive, but their afternoon tea is really unique. Reservation is necessary

**TiBits**: Vegetarian Buffet

**Wagamama**: Pan Asian

**Wahaca**: Great mexican chain; go to test kitchen restaurant in Shoreditch.

**Well Dressed**: Make your own salads.

**Wok to Walk**: Make your own stir fry-to-go chain.

**JEWSH ACTIVITIES**

**Jewish Museum of London**

**Ben Uri**: London Jewish museum of art. The only museum in all of Europe to focus specifically on Jewish art.