



# SWITZERLAND

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# INTERLAKEN

## TRANSPORTATION

Note that it is pretty difficult to get to Interlaken on your own. Many students opt for transportation from one of the student travel companies. Once in the city, you can walk and/or take the buses.

## ATTRACTIONS

**Paragliding:** This is a very popular activity amongst abroad students. It is expensive but an awesome experience. Try to go in the morning before poor visibility becomes an issue.

**Grindelwald:** A small town about 30 minutes away from Interlaken. Really cute and quaint. Recommend going if you have the time. But meant for skiing.

**Winter Kayaking:** This is the most surreal experience. They suit you up in a drysuit and you go onto the lake in 10 degree weather. It is fantastic. Bring a GoPro if you have one – This is a once in a lifetime opportunity!

**Funky Chocolate Club:** Sign-up for the make your own chocolate class. It is really fun time with a group of friends.

**Food & Culture Walking Tour with Bus2Alps:** This tour is a great add on through the company Bus2Alps. It is 2 hours and a great way to learn about the city and sample some farm to table treats. The cheese is incredible!

### **Visit the 2 Lakes**

Rule of thumb for Switzerland – disconnect. You will likely not have phone service, which will be really different but it is the most peaceful thing. Soak up the nature around you. And you will be forced to use a paper map!

## FOOD

**Fondue:** Get this at the **Balmers Wintergarten**. Otherwise most of the food is quite expensive and average. There was one Thai place next to Hooters, but that is about all!

## DAY TRIPS

**Zurich:** It is a really cute city with a beautiful views and winter markets. Just realize that the food is very expensive. Prepare to pay about 30 bucks for a sandwich! Really take advantage of exploration.

**Bern:** Some travel companies offer a half day trip to the capital. It is a nice city with pretty views, but half a day is plenty.