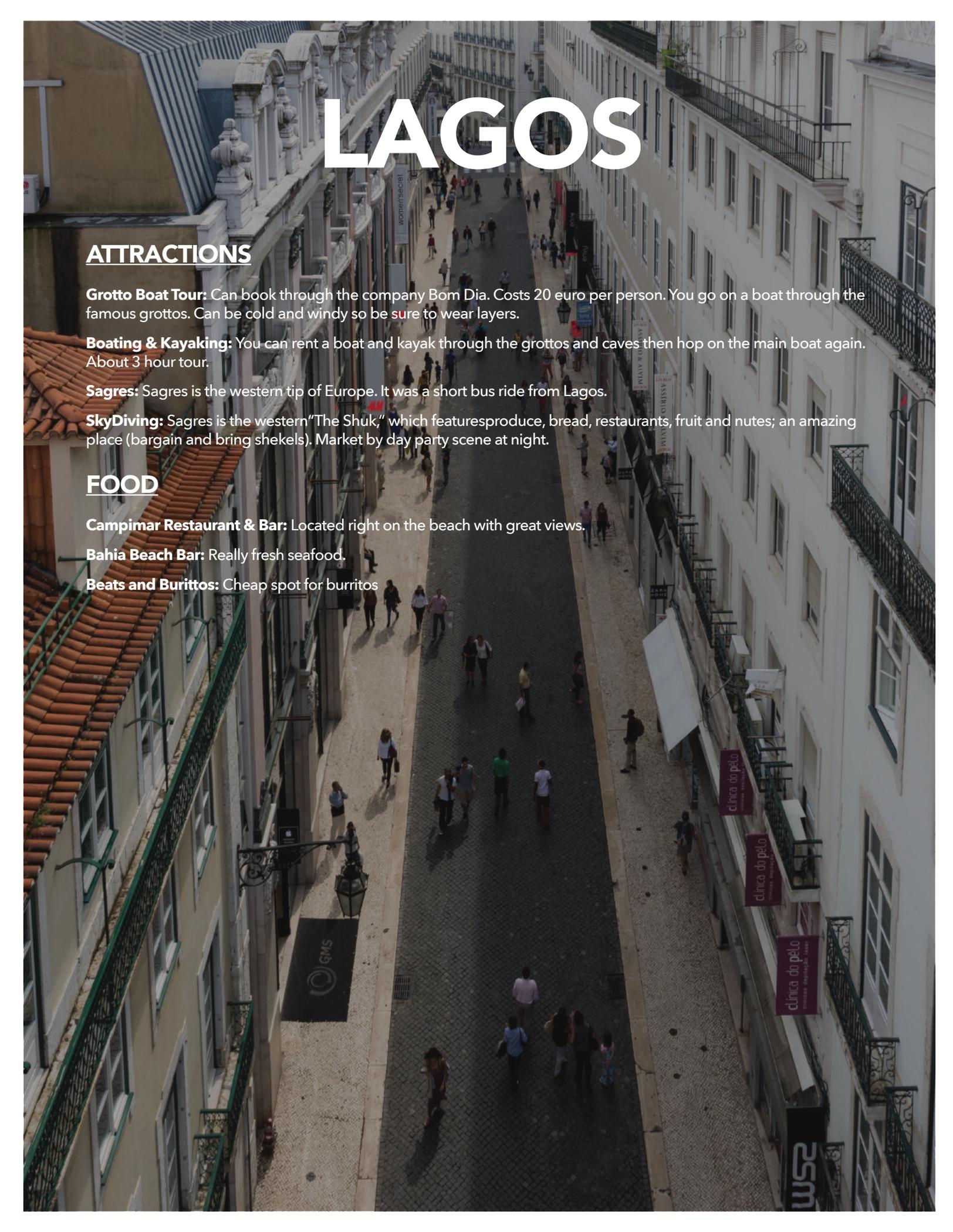




# PORTUGAL

Contact: Joey ([joey@kahalabroad.org](mailto:joey@kahalabroad.org))

# LAGOS



## ATTRACTIONS

**Grotto Boat Tour:** Can book through the company Bom Dia. Costs 20 euro per person. You go on a boat through the famous grottos. Can be cold and windy so be **sure** to wear layers.

**Boating & Kayaking:** You can rent a boat and kayak through the grottos and caves then hop on the main boat again. About 3 hour tour.

**Sagres:** Sagres is the western tip of Europe. It was a short bus ride from Lagos.

**SkyDiving:** Sagres is the western "The Shuk," which features produce, bread, restaurants, fruit and nutes; an amazing place (bargain and bring shekels). Market by day party scene at night.

## FOOD

**Campimar Restaurant & Bar:** Located right on the beach with great views.

**Bahia Beach Bar:** Really fresh seafood.

**Beats and Burittos:** Cheap spot for burritos

# LISBON

## ATTRACTIONS

**Castle of Sao Jorge:** Beautiful castle that you can climb Cost about 8 euro with student discount.

**Tuki Tuki Taxi:** Grab a tuk tuk from somewhere around the city (little open air taxi cars) and ask for a tour around. About 20 euro per person. The drivers act as tour guides and will show you all of the major sights throughout the city.

**Sintra:** Amazing day trip to take from Lisbon. 45 minutes from Lisbon. Once in Sintra you can get an uber or tuk tuk up to the main attractions. The castles are breathtaking. You can purchase a ticket once in Sintra that allows you to visit all of the attractions. (lots of uphill walking).

**Cascais:** Also 45 minutes by train from Lisbon. The beach town. Recommend visiting if the weather is warm but be sure to bring layers as it gets cool at night.

**Bario Alta:** Area with small bars and little streets. Everyone sits outside and enjoys.

**Belem:** 20 minutes from city center. Where the Torre de Belem and Monastery are located.

**Santa Justa Lift:** Cable car ride shows you the views all over Lisbon.

## FOOD

**Time Out Market:** Lisbon's version of Chelsea market/central market. Different food vendors with lots of different options.

**Meson Andaluz:** Good option for seafood.

**Pasteis de Belem:** Famous egg custards!

Visit a restaurant that has **Fado music**. It is a dinner performance with different singers. Also, make sure to try **vino verde**.

## JEWISH ACTIVITIES

Lisbon has a rich and varied Jewish history spanning back hundreds of years. Today it is home to a very small Jewish community called CIL (Comunidade Israelita de Lisboa). It's an orthodox community, although the majority of the families are traditionalists or seculars. There is only one synagogue, called Shaaré Tikva. There is a Jewish Educational Department where you can find Judaism and Hebrew lessons for all ages. Unfortunately, there isn't an active Jewish Student community because we don't have many local students living here. Nevertheless, we are receiving many foreign students. We also have a small Jewish youth movement called Dor Chadash, founded in 2002, with regular activities on sundays at the Maccabi Country Club. There is also a Chabad house in the nearby suburb of Cascais ([https://pt.chabad.org/centers/default\\_cdo/aid/1332828/jewish/Chabad-Lubavitch-of-Portugal.htm](https://pt.chabad.org/centers/default_cdo/aid/1332828/jewish/Chabad-Lubavitch-of-Portugal.htm)).

**Shaaré Tikva Synagogue:** Sephardic synagogue that offers religious services on fridays and saturdays and also on Jewish holidays. It also offers paid synagogue tours with a guide (sundays -thursdays).

### **Almafa Jewish Quarter**

#### **Shaare Tikva Synagogue**

**Kosher Food:** There are no kosher restaurants in Lisbon. The synagogue offers Kidush on saturdays, after Tefilá and also have a structure (kosher kitchen) that serves kosher meals for organized groups of visitants. There are also some places in Lisbon where you can buy kosher products (El Corte Ingles and Portuel).

**Tour Guide:** There is a private guide, named Sandra Montez (967058554, sandramontez@clicks.pt) that offers paid private Jewish tours through the city. You can also contact Paolo at Lisbon Explorer, who offers a competitive rate.